# How to Find A Best Air Purifier for Cat Allergies

**Can an air purifier help with cat allergies?**

The United States Environmental Protection Agency (EPA) and the American Lung Association agree that air filtration is a good choice for individuals suffering from allergies and asthma, but an air purifier shouldn’t be the only weapon in your anti-allergy arsenal.

**A good air purifier is a powerful part of a complete allergy control program.**

Remember, an air purifier is only one part of a multi-tiered allergy control system. Here are some tips to help you to manage cat dander and reduce allergy symptoms.

**Choose the right vacuum and clean the floors regularly.**

Cat dander can stick to carpets, rugs, and upholstery. [Regular vacuuming with the appropriate cleaner](https://www.kittycatter.com/best-vacuum-pet-hair/) can help to minimize your exposure. Select a vacuum with a HEPA filter and well-contained dirt collection area.

Another way to minimize your exposure to dander is by avoiding carpeted floors, which retain fur and dander.

### Create a cat-free space.

Because the bedroom is probably the part of your house in which you spend the most time, it’s a good idea for allergy sufferers to prohibit their cats from entering that room. If you can put an air purifier in only one room, choose the bedroom.

### Bathe your cat.

Bathing is an effective way to remove dander buildup and saliva on your cat’s body. [Using only non-toxic cat shampoo](https://cat.reviews/best-cat-shampoo/), bathe your cat every four to six weeks.

Once you’ve implemented all of these anti-allergy tactics, consider an air purifier as a final line of defense against airborne allergens from your cat.

## Types of Air Purifiers

There are two fundamental types of air purifiers: active purifiers and passive purifiers.

### Active Purifiers

Active purifiers use a variety of methods to sanitize the air by killing airborne bacteria, viruses, germs, and spores. They’re not as effective for capturing allergens.

#### Ionizers

These purifiers release ions. The ions may be negative, positive, or both, and they work by bonding to molecules in the air and destroying them. They’ve been criticized for their propensity to generate ozone, which is considered an air pollutant and could have serious negative health effects.

#### Ozone Generators

Ozone is a powerful natural air sanitizer with the ability to eliminate odors and destroy airborne bacteria, viruses, and mold. Unfortunately, an amount of ozone capable of sanitizing the air is also capable of doing harm when inhaled.

#### UV Sanitizers

UV lamps can destroy microbial particles including mold spores, bacteria, and viruses. While they’re an effective choice for destroying microbes, only a good filter can capture allergens.

### Passive Purifiers

Passive purifiers capture rather than destroy particles. They have a filtration system that prevents particles from continuing to spread through the air. This is the type that will help most with cat allergies.

### Homemade Air Purifiers

Air purifiers are available at a wide range of prices. A homemade air filter is a low-cost alternative to commercially available units.

Cheaper models found at big box stores might cost as little as $50, while heavy-duty units may set you back $1000 or more.

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